

## **PRESS RELEASE**

*For Immediate Release*

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## **Ability hosts another successful First Swim Clinic in NC**

October 28, 2011 – Waterloo, Iowa – Ability Prosthetics and Orthotics in their newest offices in North Carolina hosted a First Swim Clinic on Saturday, October 22 at the Johnson YMCA facility in Charlotte, North Carolina. First Swim was led by three time Paralympic swim champion, Jason Wening, CPO and assisted by amputee tri-athlete, Mabio Costa. There were a total of six participants in addition to Jason and Mabio as well as several Ability staff and volunteers, including Amy Street, CPO, Brian Kaluf, CPO and Spencer Wolinsky, giving us a total attendance of over 20 people. Participants came from across the state of North Carolina, from the Asheville area to Winston-Salem as well as local Charlotte residents. We also welcomed JJ Godbey, the YMCA Aquatics director as well as Jana McMullen with the Mecklenburg County Parks and Recreation Dept.

Swimmers were given both one on one and group help and instruction, both in the water and from the pool deck. Our participants were both orthotic and prosthetic patients with both upper and lower limb differences, and spinal cord injury patients. Everyone in attendance was presented with an Ability First Swim t-shirt as well as a Willow Wood beach towel. Comments included, “Great Program and Great instructor” said Susan Collins, parent of Julia Grace, a wheelchair participant who gained great confidence in the water. “Great Clinic! A lot of fun. We need to do more than just once a year”.

Ability is planning another First Clinic in 2012 for their patients, their practices and their community.

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