

## **PRESS RELEASE**

*For Immediate Release*

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## **Active Life Hosting Adaptive Clinics in Albuquerque**

June 27, 2011 – Albuquerque, New Mexico – Active Life Orthotics & Prosthetics, along with their sister company, Aqua Life Wellness Center will be hosting two adaptive aquatic clinics in Albuquerque. The clinics are geared towards anyone with a physical challenge, including amputees, spinal cord injury, stroke or brain injury survivors and brings them back to the pool. First Dive Adaptive Scuba and First Swim are programs of OPAF & The First Clinics and offer adaptive instruction and techniques for those with disabilities. Active Life is hosting both of these clinics on Saturday, July 30 at their facility in Albuquerque and offering them at no charge for anyone who is interested.

First Dive Adaptive Scuba offers amputees and those with physical challenges the chance to Feel The Freedom that scuba can provide. Instructors and equipment are made possible through New Mexico Scuba in association with Scuba Schools International and gives people the chance to “try scuba” with the help of certified adaptive instructors and divers. First Swim offers top level instruction on adaptive swimming from three time Paralympic Gold Medal Winner, Jason Wening, a bilateral amputee. Jason will coach and instruct on technique and mechanics get anyone back in the pool and active again.

Active Life is a family business, owned and operated by the Doty family since 1997. Active Life’s focus has always been to maintain the highest level of service and care for our patients. Over time the company has evolved by integrating the latest technologies into every aspect of how we operate, all while demonstrating the spirit of patient care excellence that has been carried through the generations of owners. Combining this mindset with our high education standards and expertise in O&P technologies enable us to bring our patients and community ***Humanity Through Technology***. Aqua Life is Albuquerque’s premier aquatic fitness and rehabilitation facility, offering water exercise and low impact sessions to help with arthritis pains and multiple health concerns.

There is **NO CHARGE** for either First Dive or First Swim. Pre-registration is necessary for First Dive for medical screening purposes. Both clinics will be held at the Aqua Life pool facilities located at 124 Alvarado Drive SE in Albuquerque. For more information and registration, please contact Ryder Doty at Active Life at 505-266-1700 or contact him at [rdoty@4activelife.com](mailto:rdoty@4activelife.com). Refreshments and more information on adaptive recreational opportunities will be available at the events.

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