

PRESS RELEASE

For Immediate Release

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First Swim™ Clinics part of ACA Conference

June 24, 2009 – Langhorne, Pennsylvania – OPAF and The First Clinics hosted two First Swim Clinics as part of the 2009 Amputee Coalition of America Conference in Atlanta recently. This is the second year that OPAF has hosted First Swim clinics at ACA. This year's sponsor for the First Swim Clinics was Freedom Innovations and their new Freestyle swim foot. All clinic attendees were presented with a First Swim/Freedom Innovations t-shirt to commemorate the event.

First Swim was led by OPAF's Director of Swimming, Jason Wening, CP, a three time Paralympic Champion and Gold Medal Winner. Jason, along with a wonderful group of volunteer swim coaches and physical therapists, helped clinic attendees both in and around the pool area. Participants worked on swim strokes as well as feeling comfortable in the water. Clinic participant's comments included:

“This was so helpful. Jason is THE BEST SWIM COACH!”

“Deb (Ramage) and Jason were great!”

“Excellent!”

“Very good. Mom has not swum since her amputations and she was very happy and it gave her confidence”

“This partnership between ACA and OPAF and The First Clinics is a win-win for everyone. ACA recognizes the need for top notch adaptive instruction in recreation to keep their population fit and integrated socially. OPAF and The First Clinics are working to provide the best in adaptive instruction at no cost to any attendee. We look forward to a long and fruitful working relationship,” said Robin Burton, OPAF Executive Director.

For more information on OPAF and all of the First Clinics, including First Volley, First Swing, First Dive and McKeever's First Ride, please contact us at 215-752-5756 or rlb@opfund.org.

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