

## **PRESS RELEASE**

*For Immediate Release*

### **Contact**

Robin Burton, Executive Director  
OPAF & The First Clinics  
319-235-4318 phone  
319-235-4326 fax  
rlb@opfund.org  
[www.opfund.org](http://www.opfund.org)

## **Ability Prosthetics & Orthotics Hosts First Swim in Maryland**

October 22, 2010 – Waterloo, Iowa - OPAF, along with our local sponsor, Ability Prosthetics and Orthotics hosted a First Swim Clinic on Saturday, October 9 at the pool facilities of Mount St. Mary's University in Emmitsburg, Maryland. Clinic was led by First Swim Director, Jason Wening, CPO, a five time Paralympic Champion swimmer. Jason was assisted by volunteers Amy Riordan and her sisters from BOC (Board of Certification) and family members.

The First Swim clinic saw all registered participants attend, along with several staff from Ability and their four locations throughout Pennsylvania and Maryland. Ability also provided a photographer on deck who took both video and still photography. Participants were given both in the water and deck coaching one on one with Jason. Evaluation comments included:

“Encourage families to attend and watch.”

“Great first experience with OPAF. What an awesome program.”

“Excellent, well done. Very professional. Exceeded my expectations. Jason and Robin are top notch”

“Fantastic”

“Jason was incredible. I learned better techniques. It was a wonderful experience. Jason is an amazing instructor”

“Very inspiring, please have some more!”

“Fantastic! Thank you!!”

“The program was excellent. I really enjoyed it”

“Outstanding. Excellent organization and coaching”

Participants were all presented with a First Swim/Ability t-shirt and a Ohio Willow Wood beach towel. More materials on OPAF and The First Clinics, along with ACA materials were also given out. Ability would like to talk about two First Clinics in 2011, perhaps both in the same day to give people choices. The facilities at Mount St. Mary would lend itself to that.

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